

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Denise van Zyl**

Has successfully participated & completed the

**10km Cowhouse Winter Trail Run 2017**

held at Cowhouse Market.

**TIME 01:01:28**

**PACE 06:07/km**

**OVERALL 29 of 70**

**GENDER 10 of 39**

**40 - 49 5 of 14**

29 July 2017, Sat

Date



*BoutTime*

Signature

